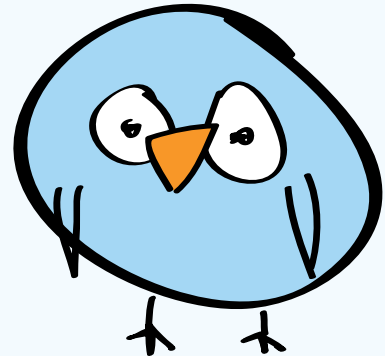


“Zandra Stratford makes your ideas  
and your stuff pretty so other  
people will give you money for them.  
You should probably contact her if you  
have either ideas or stuff.”

[zandra.ca](http://zandra.ca) | [zandra@zandra.ca](mailto:zandra@zandra.ca)



The background is a solid light green color. It is decorated with several hand-drawn, irregular white and light blue lines that form various shapes, including circles, ovals, and abstract outlines, scattered across the page.

book design



2010 Living Now  
Book Award Winner

*"Zandra has a fresh eye, a strong work ethic and a willingness to see a project through until it is perfect! My book won a book award in large part because of Zandra's design sense. I will be using her for my next project."*

-Lisa Lipsett



HOW DOES YOUR BODY FEEL WHILE YOU PAINT? ARE THERE AREAS OF TIGHTNESS, HEAT, OR AREAS WITHOUT SENSATION THAT YOU NOTICE? CAN YOU FEEL YOUR FEET ON THE GROUND AND YOUR HANDS ON THE PAGE? ARE YOUR SHOULDERS RELAXED?



### Touching Colour

Through her Center for Touch Drawing, Deborah Koff-Chapin teaches a simple yet profound method of creating with the hands.

When I first came across her work ten years ago, I felt a real synergy between her process and the one I share here. She prepares a smooth board by rolling it with water-based oil paint. Then she lays tissue or newsprint on top. To create an image she uses her fingertips, the sides of her hand, her nails... Where you put pressure is where marks will be made on the underlying page. The results are remarkable and spell-binding. If tissue paper is used, the colour emerges from behind and it becomes easy to see what your hands are creating. I prefer to not see any trace of the image while I am creating, so I use thicker paper thus keeping myself blind to the outcome.

*...I know I am made from this Earth, as my mother's hands were made from this Earth, as her dreams come from this Earth, and all that I know, I know in this Earth, the body of the bird, this pen, this paper, these hands...*

— Susan Griffin





## Artful self-communion: Seeing Body

*We expect to find the world  
outside the window,  
expect to find ourselves in the mirror.  
But I am interested in what happens  
when we let the world be our mirror,  
go deeper into ourselves  
and find the world,  
go out into the world  
and find ourselves anew.*

—J. Rush Gendler

The background is a solid light green color. It is decorated with several hand-drawn, irregular white and light blue lines that form various shapes, including circles, ovals, and abstract outlines, scattered across the page.

branding

GUEST OF HONOUR

NEBULA AWARD NOMINEE  
**CHEBIE  
PRIEST**  
author of  
BONESHAKER



*San Francisco's*  
**UNWOMAN**

BEING A CELEBRATION OF STEAMPUNK ART  
& CULTURE AT VICTORIA'S EMPRESS HOTEL

EXHIBITION OF THE  
**ARTS**  
in a PLETHORA of  
**MEDIA**

ORIGINAL  
KINEMATOGRAPHER  
**RIESE**  
THE ANACHRONISM

PURVEYORS  
of fine ACCOUTREMENTS  
AND QUALITY GOODS



NUMEROUS DISCOURSES  
& ORATIONS ON TOPICS  
EXTRAORDINARY

**VICTORIA  
STEAMPUNK  
EXPOSITION**

{MAY 22-23, 2010}



**NICK VALENTINO**  
author of  
**THOMAS RILEY**



laudanum  
STEAMPUNK



**THE FABULOUS  
MISS ROSIE BITTS**  
*Steampunk Darling*



WEAVEID PASS BY ADVANCE TICKETS WWW.VICTORIASTEAMPUNK.COM







horse  
manuwear



design spring 2010

what we protect  search

ABOUT US | NEWSROOM | PRECEDENTS | PUBLICATIONS | LINKS | SUPPORT US



## headline

07/25/07

Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat. Duis aute irure dolor in reprehenderit in voluptate velit esse cillum dolore eu fugiat nulla pariatur. >>>continue reading



## headline

07/25/07

Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat. Duis aute irure dolor in reprehenderit in voluptate velit esse cillum dolore eu fugiat nulla pariatur. >>>continue reading

## media releases:

**Community group challenges environmental**  
Lawsuit launched over a proposed \$200 million natural gas export pipeline that would cut through the heart of one of Canada's oldest and largest urban parks (July 25, 2007)

**Feds could face legal challenge over Irving Oil Refinery Dismissals**  
Legal calling on the federal and provincial governments to work together to convene a Joint Review Panel to assess the impacts of the proposed revision of refinery in Saint John's, New Brunswick (July 17, 2007)

**Breast Vancouver, BC, faces the trial Lorne Gate sewage pollution**  
Provincial Court trial dates have been set for June 2008 to hear a charge that resulted from the Lorne Gate sewage treatment plant in West Vancouver is polluting coastal waters and violating federal environmental law (July 17, 2007)

**Klwa Whale recovery strategy remains puts lawsuit off - for now**  
The federal government has released the long-awaited recovery strategy for BC's endangered Southern resident killer whales (June 26, 2007)

## news:

**Canada Sued for Abandoning Kyoto Climate Commitment** - May 29, 2007, Environmental News Service

**Military opposes a plan to save ocean** - Eco-groups - May 29, 2007, The Province, by Ethan Dwan

**Report says cities, towns can fight climate change better than feds** - May 29, 2007, Canadian Press, by Michael Oshro

**B.C.'s spotted owl near extinction** - Previous urged to fund five-year plan to capture and breed birds in captivity - May 17, 2007, The Globe and Mail, by Mark Helms

## support us



every dollar YOU donate to ecojustice helps to protect the natural environment. [donate now](#)

## newsletter

name:   
email:

## reports



# ecojustice



# hersolution™



hersolution™  
now go inside and play

MY ACCOUNT  
CUSTOMER SERVICE  
SHOPPING CART

home  
hersolution™ results  
testimonials  
medical community  
ingredients  
questions  
guarantee  
order now



Lorem ipsum dolor sit amet, consectetur adipiscing elit. sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat. Duis aute irure dolor in reprehenderit in voluptate velit esse cillum dolore eu fugiat nulla pariatur. Excepteur sint occaecat cupidatat non proident, sunt in culpa qui officia deserunt mollit anim id est laborum.



**Wow! Best product ever!**  
- Monna Williams, Texas, USA

**Oh yeah! Ah-Ah! "Ooooh" this**  
- Nancy Kay, Kilmart, BC

**Ale love you long time...**  
- Boon-mee Doon-Nam Busaba, Thailand

hersolution™

Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat. Duis aute irure dolor in reprehenderit in voluptate velit esse cillum dolore eu fugiat nulla pariatur. Excepteur sint occaecat cupidatat non proident, sunt in culpa qui officia deserunt mollit anim id est laborum.

Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat. Duis aute irure dolor in reprehenderit in voluptate velit esse cillum dolore eu fugiat nulla pariatur.





corporate AD



Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat. Duis aute irure dolor in reprehenderit in voluptate velit esse cillum dolore eu fugiat nulla pariatur.

## SureSlim<sup>®</sup>

### DO IT NOW!

Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam,



## Hannah MONTANA

The best of both worlds tour goes 3D

READ MORE



New DNxHD Calculator



Perfect Pitch Contest



Hannah Montana Tour goes 3D

### Stay informed with Avid in focus

The Newsletter for Avid Enthusiasts

SUBSCRIBE

### News

view all

Industry Professionals Honor Broadcast Talent in Avid Contest

2008 Broadcast Film Festival to Feature Weeks of Several Avid Customers

The Electrical Engineer Expands Coverage and Grows Online Video Presence with AvidMedia Publishing Solutions

### Featured Resources

#### Blog: Avid Training Services

If you're serious about growing your skills as a media pro, knowledge of the latest industry tools and trends are a key part of your success.

#### Tutorial: Easy XDCAM EX with the Avid Media Composer

Step-by-step instructions on how to take media from the XDCAM EX card and edit with it in the Avid Media Composer.

#### Video Exchange: Upload Yours!

Showcase your work, view others' videos, and exchange feedback with your peers.

### Events

view all

#### EXSW Music, Film & Interactive Conference and Festival

March 7 - 10, 2008  
Austin, TX

#### Great Lakes Broadcasting Conference & Expo

March 10-11, 2009  
Grand Rapids, MI

#### Hands On Non-Linear: Hands On Avid

March 14-16, 2008  
Norman, OK

### Interact

[Blogs](#)  
[User Groups](#)  
[Forums](#)

[Certification](#)  
[Training](#)  
[Online Support](#)